



# Earth Day Yoga in the Salt Marsh

Cabrillo Marine Aquarium Earth Day 2017

**Saturday, April 15**

**9:00am-10:00 am,**

**FREE**



Bring your yoga mat and join Cabrillo Marine Aquarium's annual Earth Day Yoga in the Salt Marsh! Listen to the soundtrack of nature and observe morning in the marsh, while you stretch and relax with yoga teacher, Cathy Terrones.

After class, Cabrillo Marine Aquarium staff and volunteers will be on hand from 10am-Noon to show specimens, hand out binoculars and answer questions during our Salt Marsh Open House. Be sure to head back over to Cabrillo Marine Aquarium to take part in our other Earth Day 2017 festivities!

**This is a free event open to all yoga skill levels. Your personal yoga mat is required, there will not be one provided for you. Class will take place on a wooden deck overlooking the Salinas de San Pedro Salt Marsh at Cabrillo Beach in San Pedro, CA.**

***Space is limited and pre-registration is required.***

***Please call (310) 548-7562 to sign up!***

**Meet at the front steps of Cabrillo Marine Aquarium at 8:50 am  
then walk with staff to the Salt Marsh**

For more information about our Earth Day celebration 2017, or how to get to Cabrillo Marine Aquarium, go to

[www.cabrillosmarineaquarium.org](http://www.cabrillosmarineaquarium.org) .



A facility of the City of Los Angeles Department of Recreation and Parks with support from Friends of Cabrillo Marine Aquarium